

# MILESTONE

AUG  
2022  
ISSUE 02

ROTARY CLUB OF VALSAD MAGAZINE



Club ID.: 15159 | RID: 3060 | RIY: 2022-23



## INDEPENDENCE DAY CELEBRATION WITH BICYCLE DISTRIBUTION



PEOPLE OF ACTION

Jennifer Jones  
RI President

Rtn. Shrikant Indani  
Dist. Governor

Rtn. Swati Shah  
President

Rtn. Nirali Gajjar  
Hon. Secretary

## PRESIDENT MESSAGE

Dear fellow Rotarians,

Happy to connect with you again with the second issue of our Milestone! August is the designated month for Membership Development and we at Rotary Club of Valsad have been trying our best to get good worthy members to Rotary. We have taken utmost care for the selection of New Members and soon will be followed by the Induction Program. We aim to increase the Reach and Strength of Rotary to do Good in the Community. In the month of August we have started the Tree Plantation drive with the aim to support the Environment & work to compensate for the Pollution being caused by us. RC Valsad supports the Basic Education and Literacy Program and this time we have financially supported 28 Students from 5 different schools, by paying their outstanding fee and sending them Back to School. We have supported the Teachers Training Program too by sponsoring 6 Teachers from 4 different schools for a science activity workshop that was conducted online by Think Tac. We have tried to create awareness among school children by conducting sessions on the topics of Menstrual Hygiene Management and Good Touch & Bad Touch. Talking about these topics would help them to open up and be aware of things that are generally not spoken about openly. We believe in Partnerships and this time we partnered with RC Vapi Phoenix for the MHM Seminar and also with RC Dahanu for the distribution of flood relief Kits at our adopted village of Vejalpore. The month of August is also remembered for the celebration of Friendship Day. Rotarians are at the heart of building better friendships. We celebrated by organising Club Picnic to a Water Park and the fun we had is unimaginable!! Independence Day was celebrated with much galore. The celebration started from the 13th of August with the Har Ghar Tiranga Campaign. We distributed 1000 flags in three different areas of Valsad. 14th of August we organised a musical program on Desh Bhakti songs, this program was organised at a fun street in the heart of the city and was open for the public. 15th of August was a memorable day for us. The President of RC Valsad was honoured by the Nagar Palika, Valsad for the work done during the floods in Valsad. It was indeed an honour. The celebration started by flag hoisting by the Women in Rotary and the highlight of the Day was the Distribution of 55 Bicycles to the needy Girl Students from Government Schools by the worthy hands of our District Collector Madam Kshipra Agreji! We will continue to keep this noble deed to reach out to the girl students & empower them. It is always an honour to be in Rotary and this time the President of RC Valsad was invited an Installation Officer for the two Interact Clubs supported by RC Vapi. It was a great experience to know the Interactors and the work they have been doing in their capacity was noteworthy. Rotary is truly International and we connect with each other so well due to the same platform we work on!! We also started with the project of Avoidable Blindness by conducting an eye check up Camp at an Ashram Shala in Borakhdi, Vyara. Checked for 80 girls, 10 are to be given spectacles and 4 were recommended for further check up. The camp was conducted with the help of RNC free eye hospital. Maternal & Child Health project was also done by giving the nutrition kits and vitamin supplements for Pregnant ladies and malnourished children at our adopted village of Vejalpore. This would continue too as we at Rotary care for the Maternal and Child Health. Our Permanent Project of Rotary Physiotherapy Centre is working round the clock for the betterment of the patients. It's a great achievement they have crossed 1000 patients this time. I Congratulate the whole Physiotherapy Team for making this happen! The work done and the projects executed are all done with the help of our dedicated Rotarians. There are no words to appreciate and Thank them all who are helping with their true consciousness and a pure heart! We await the month of September dedicated to Basic Education and Literacy and yes we would in this area of focus as it is so close to our heart. Best wishes to Team Milestone for putting in great efforts for coming out with such a wonderful Newsletter.



Regards,  
Swati Shah.

## FRIENDSHIP DAY CELEBRATION

What a day it was at the Great Escape Water Park!! The whole day was just laugh.. more laughter and Food. RC Valsad celebrated Friendship Day by organizing a members Day out at Great Escape Water park. The fun filled day shall remain etched in the minds for years to come. It was very well planned event and efficiently managed by the project chair Rtn. Dr. Dhara Ashra.



## Speaker meet - Biryani in Cosmetology

RC Valsad started a series of speaker meet - Guruvar ka Gyaan, and the first speaker of the series was Dr. Pinesh Modi, a very renowned Consulting Dermatologist & Cosmetologist of Valsad who delivered a fun filled and insightful talk on cosmetology, the latest technology and facilities available these days with the innovations happening everyday.



2022-23  
IMAGINE ROTARY  
Shrikant Indani  
Dist. Governor

**Rotary Club of Valsad**  
presents  
**गुरुवार का ज्ञान**  
**BIRYANI IN COSMETOLOGY**

A fun filled & insightful talk by  
**Dr. Pinesh P. Modi**  
M.B. D.V.D  
Consulting Dermatologist & Cosmetologist  
Modi Skin Clinic, Valsad.  
Date: Thursday, 04/08/2022  
Time: 07:30 pm onwards  
Place: Rotary Hall, Valsad.  
Following will be from 07:30 - 08:00 PM

**A Festival Season Special Talk!!**

Rtn. Swati Shah  
President

Rtn. Dr. Dhara Ashra  
Club Admin. Director

Rtn. Nirali Gajjar  
Hon. Secretary

## Felicitation of IPP Dipesh Shah

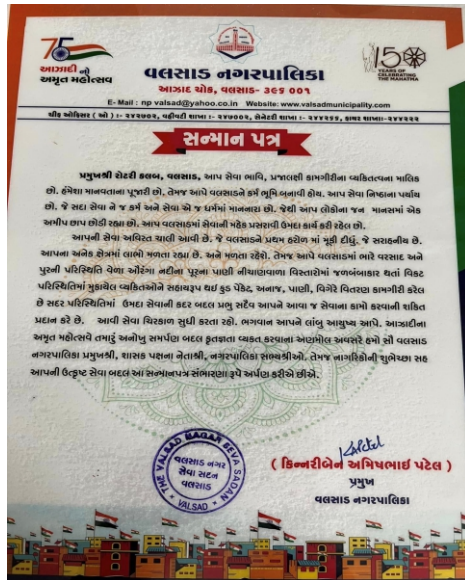
"Work Speaks better than Words", Dipesh steared Rotary Club of Valsad, as if playing the last overs in a T20 cricket match, making it a point to hit each and every ball for a "SIX". Such was the pace of execution of projects that every member was always running instead of walking during the year, one project in the morning another in the afternoon and review/ discussion meeting in the evening. Fantastic work was accomplished during the year under the leadership of Dipesh Shah.

RC Valsad felicitated IPP Dipesh Shah for his fantabulous year as the president of the club, recognising his accomplishments and wishing him all the best for his upcoming endeavours.



## SPECIAL ACHIEVEMENTS & RECOGNITIONS

President of RC Valsad Swati Shah was honoured with a letter of appreciation by the President of Valsad Nagar Palika at a function on 15<sup>th</sup> August for the commendable flood Relief Work done by Rotary Club of Valsad.



President of RC Valsad, Rtn. Swati Shah was invited as the installing officer at Interact Club of Vapi and Interact Club of Vapi Public School on 18<sup>th</sup> August 2022 at Vapi.

District Public Image team appreciated the active part of Rotary Club of Valsad in the Monthly Public Image Projects, and RC Valsad has been selected at the top position in cluster 10 and at 3rd position in the whole district.

IMAGINE ROTARY

**MPIP**  
MONTHLY PUBLIC IMAGE PROJECTS  
Rotary Year 2022-23

Rotary District 3060

### Certificate of Appreciation

Rotary Club of Valsad is hereby selected as best of the best club in MPIP of August 2022 and is selected as the No.3 club in Rotary International District 3060.

District Public Image team appreciate your club participation and active role in enhancing Public Image of Rotary for the month of August 2022.

Shrikant Indani  
District Governor

Nilesh Sheth  
DPIC

PDG Mayur Vyas  
Counsellor PI

Jennifer Jones  
RI President

# PROJECTS FOR THE MONTH OF AUGUST 2022

## Tree Plantation

Saving the environment being the focus area of Rotary, RC Valsad planted 50 trees at Survada Shamshaan bhumi, every tree has been provided with a tree guard to ensure its safety. Under the project chair Nirmal Desai, who has keen interest in giving back to nature the best we can.



## Back to school

Rotary Club of Valsad with its focus to see that no student is left out of school due to non payment of school fee has successfully been helping students with financial constraints. RC Valsad paid the pending school fee of 19 students. 9 students of Jamanabai School & 10 students of GVD School. Total amount paid Rs.47,770/-.

- RC Valsad thanks the donors -
- 1.Rtn. Shivani Desai - Rs.20,000/-
  - 2.Rtn. Amar Parekh - Rs.15,000/-
  - 3.Rtn. Amish Shah - Rs.4500/-
  - 4.Rtn. Dr. Shailaja Mufti - Rs.4200/-
- Project Chair - Rtn. Dr.Premal Shah.



## MHM Seminar at Faladhra

RC Valsad & RC Vapi Phoenix conducted a session on the Awareness of Menstrual Hygiene & Management. The session was conducted at Adarsh Niwasi Kanya Shala, Faladhara, for 175 Girls. The session was taken by Rtn. Sheetal Tailor. It was a very informative session taken for more than one hour. All the girls were given 2 pens as a token. Project chair - Rtn. Sanober Shroff & Rtn. Dr. Dhara Ashra

Rotary District 3060 Rotary Club of Valsad IMAGINE ROTARY

**Menstrual Hygiene Management (MHM) Seminar**

Rtn. Swati Shah President Rtn. Sanober Shroff Project Chair Rtn. Nirali Gajjar Hon. Secretary WOW



## Survival Kits Distribution

With the support of Rotary Club of Dahanu, the basic necessities were distributed to the flood affected people of Vejalpore village under Gram Kalyan Yojana. The kit consisted of tooth brush, tooth paste, bathing soap, detergent soap, tea, sugar, candles, match box, hair oil, washing powder, edible oil, chilly powder, turmeric, salt, pickle. A total of 102 affected people were distributed these kits in the presence of Sarpanch of Vejalpore village. Rotary Club of Dahanu President Sanjay Karnawat, Project Chairman Jatin Gohil, Co Chairman Vijay Parekh, and other members Yashwant and Abhay Baf were present with the necessary materials.



## Rakhi Distribution

To support, RC Valsad purchased 300 Rakhis made by the children of Jalaram Manovikas Kendra, a center for mentally & physically challenged children. These Rakhis were distributed at the Kanya Mukhya Shala and Bhagda Prathmik Shala before the Rakshabandhan festival.



## 1000 Flags Distribution

Celebrating 75 glorious years of independence of our country, RC Valsad distributed 1000 flags to the people of Burudiyawad, spreading the message of Har Ghar Tiranga. The project chair Nishant Patel in close coordination with Rotract Club of Valsad, NCC the national flags were distributed to the people promoting patriotism among the people of all walks of life.



## Jashn-e- Azadi

Rotary Club of Valsad in association with Innerwheel Club of Valsad, Rotaract Club of Valsad, Lions Club of Valsad main, Annivil Samaj organized a musical evening in the heart of Valsad at Ram Roti Chowk on 14/08/2022. Patriotic songs were sung by the famous singers of Valsad. Project Chair Mahesh Bhanushali himself a good singer sang many songs. It was an evening filled with great sense of patriotism.



## Avoidable Blindness Camp at Borakhdi

Rotary Club of Valsad & RNC Eye Hospital organized an Eye Checkup Camp at Kasturba Adhyapan Mandir at Borakhdi, Vyara. 80 students were examined by Ophthalmologist and Optometrist. 10 students were recommended to use spectacles, which are being arranged by the Project Chair Japan Shah. Students were advised further treatment at RNC Hospital. Project chair Japan Shah and Project Counsellor Bharat Bhanushali.



# Independence Day Celebration with Bicycle Distribution

Following our tradition of hoisting the National Flag on the Independence Day at the Rotary Hall, President Swati Shah hoisted the National Flag and the National Anthem was sung thereafter. This year being the 75 years of Independence, RC Valsad had organized a drive under the project chair Rtn. Sanober Shroff to give 75 bicycles to the under privileged girl students to make their commute to the school comfortable. The event was graced by the Collector of Valsad Hon. Madam Kshipra Agre. The bicycles were given away through the worthy hands of collector madam.



## Rotary Club Of Valsad

invites you to join us for celebrating  
the **75th Independence Day**  
and Bicycle distribution to school girls  
by the worthy hands of our

**Chief Guest**  
**Ms. Kshipra Agre**  
(Valsad District Collector)

**15th August 2022**

It's a day to feel patriotic, and proud  
of our country!

**Do join for the -**

- Flag hoisting - 10:30 am
- Refreshments - 10:45 am
- Musical program - 11:00 am to 12:00 pm  
(by Rtn. Mahesh Bhanushali)
- Bicycle distribution - 12:00 pm onwards
- Lunch - 01:00 pm onwards

**Venue:**  
**Rotary Hall, Valsad.**

Rtn. Swati Shah President (RC Valsad)	Rtn. Sanober Shroff Project Chair & Bicycle Mayor of Valsad	Rtn. Nirali Gajjar Hon. Secretary (RC Valsad)
---	---	---



# HUMF at Vejalpore - 1

The HUMF project was extremely successful in year 20-21. Hence, this year the project will be implemented for 32 pregnant women of our GKP adopted village at Vejalpore. Each nutritious kit has Chana, Dates, Jaggery, Desi Ghee & Rava. Total cost of the kit is Rs.185×32 = 5920/-. Nutritious kits were sponsored by Rtn. Dr. Shailaja Mufti. Multi Vitamin & Calcium Syrup worth Rs.3000/- were also distributed to malnourished kids & these were sponsored by Rtn. Manish Bharucha. Project Chair- Rtn. Dr. Shailaja Mufti.



## Rotary Club of Valsad

**HUMF**  
WE CARE FOR MATERNAL & CHILD HEALTH

Rtn. Swati Shah President	Rtn. Dr. Shailaja Mufti Project Chair	Rtn. Nirali Gajjar Hon. Secretary
------------------------------	--	--------------------------------------



# Good Touch Bad Touch

RC Valsad organized a session on "Good Touch Bad Touch" for the students of Sarvajanik High School, Bagwada. Rtn. Dr. Ankita Marjadi took up this very complicated & important topic with 450 students of the school, making them understand how to identify the behaviour of the person they are dealing with, is appropriate or not. Thanks to Principal Mrs. Alpa Modi for the arrangements and opportunity.



# STRUCTURE OF ROTARY

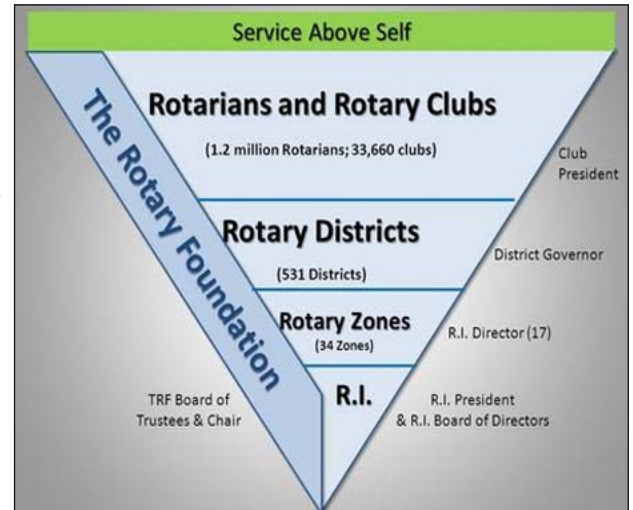
If an organization has survived and thrived for more than a century, there must be something inherently good about it. If the people, all over the world have sought & accepted Rotary for decades, there must be something good it is doing! If one is to analyze, what would be obvious to her, is the unique structure of Rotary that sustains its growth and stability. It is a self-sustaining system!

We can call it "Work Design"! It's like providing an infrastructure to an organization. Its like providing office space, chairs, computers, healthy and clean environment for the staff etc. for maximizing quality out-put. Work Design deals with more lasting and effective execution of the vision of the organization. Who so ever thought of it and continually improved upon it over decades, deserve kudos! Not that the process has stopped! It is the perennial effort. Things will continue to change for better.

So what are these work designs mean for Rotary? We will briefly go over some of the important aspects. They are not necessarily, in order of its importance.

## FRAME WORK:

Rotary is designed as a pyramid in hierarchical order. RIP at the top to RIDs, to District and Zonal officers down to club Presidents and Board and Committee Chairs. This structure is seamlessly welded and strengthened at every joint. The basic structure remains same at all levels. This unique feature comes with well-defined responsibilities and powers to operate with freedom of functioning. RCC work is provided by the core philosophical message "Service above Self". This high ideal that permeates throughout the structure, will never become redundant as long as humans survive! To make more practical and effective, four fundamental guiding lights are presented in the form of 4 WAY TEST. They are like prayers to be recited at every Rotary function to remind us of our core beliefs. To support the structure from the outside calamities & disturbances, Rotary is guarded by a CONSTITUTION.



This document is sacrosanct and protected by legal provisions. All rule books and regulatory provisions are fabricated around this document. Closely knit with the rule books are well laid out protocols and procedure for running day to day affairs at all levels. They bring dignity and decorum at the meetings and assemblies. So as not to become redundant and out of fashion, these rule books are revised & updated by a regulatory authority called "Council of Legislature" who meet every two years to update and weed out the impediments to remain relevant.

These protocols and procedures play very important role when, every year, we undertake the massive operation of democratically electing our leaders from RI President to club President. The election offers level playing field to the candidate who is willing and able. Perseverance is the key!

Can you imagine the problem it could create? Imagine 35,800 plus club Presidents and 539 District Governors to be elected throughout the world in 127 countries in one go, together with the RI president at the helm. There has never been a major problem in the past! This is the strength of this structure that we are discussing.

Like any edifice, the health and longevity the structure is in the regular maintenance and the servicing by trained staff. Rotary recognizes the importance and hence major emphasis is given to training at all levels of the organization. Rotary believes that a trained Rotarian is an asset to the organization. No one is considered as above training and hence RIP at his level down to newly elected member has to undergo training albeit at different level.

Every structure is supported by beams and columns to give it stability and shape. Rotary has put its faith in training! Starting at the club level, the training is given at PET/ SETs, Assemblies, AGTS and DGEs at "The Institute". The training starts from the day an individual is elected for a specific post. Rewards and recognition is a binding force to keep us to gather and is also a source of motivation. It is so well defined & categorized into different categories' that everyone's contribution to further the cause of Rotary is appreciated purely on merit.

Like periodic structural audit is essential for the safety of the building, regular reporting & feedback is part of financial discipline ingrained into every Rotarian at all levels. All checks and balances are in place!

The Rotary Foundation (TRF) is the center pillar of RI's work design. It was founded in the year 1928 as a trust with the idea to propagate and support RI in its programmers & projects by providing financial help. Today it stands worth \$1 Billion and growing. Because of solid backing by TRF, Rotary has been able to identify five to six thrust areas like Peace and conflict Resolution, Health and Prevention of disease, Water and Sanitation, Basic Education and Literacy and Community Development have found pride of place amongst others.

Bricks and mortar work is provided by so many of RI's unique features like international base, apolitical and secular leaning, classification to include people from various trades and professions, connecting people of the world through programs like RFE, GRS, and study exchange groups, creating lasting bonds among nations. One world concept of sharing cultural and social aimed at exposing good side of the human beings.

# STRUCTURE OF ROTARY

The Rotary Foundation

Rotary International  
(HQ at Evanston USA)

Partnerships

Rotary Zones - 34

Rotary Districts - 525

Rotary Clubs – 37049  
Rotaract Clubs – 10,778  
Interact Clubs – 16,872

Rotary Members - 1.2 Mn



(Figures as on Dec.16, 2021)

Creating future leaders to augment the strength, Rotary has been training and grooming youngsters by making them partners in service through Rotaractors, Interactors & RCC they provide the ever shining paint to the Rotary structure. No wonder, Rotary is destined to last as long as humanity exists!

A word of caution here will not be out of place as we know, no structure will last for long if we neglect & ignore to take care of it. Beware! If we do not respect the rules and regulations set by our leaders and tend to ignore decorum and dignity and discipline set by them, and do our "manmaani", we will be doing great harm to Rotary.

## GET INVOLVED!

(Message for newly inducted members)

People join Rotary with some expectations and reasons. Those who join Rotary, do so with the hope of doing some service to the society thereby paying back their obligations to it in whatever way they can! Rotary offers an excellent opportunity to fulfill their wish. For some it's an opportunity to make new friends.

For some it could be an opportunity to develop business opportunities and social contacts and cultivate human relationships. While Rotary provides you with international platform with unlimited scope for personal growth, it helps you to awaken in you many dormant skills and talents such as leadership quality, team building and sense of camaraderie.

More extrovert would seek project management, oratory skills & team building. Your skills at art, craft and sports also find exposure internationally under various Rotary programs. Specialty in the field of health care and education is much sought after talents. Rotary disappoints no one!

In the same spirit of co-operation Rotary too has some expectations from you. It expects every member to learn as much as possible about Rotary programs, projects, its structure, its constitution, working procedures and systems requirements. Rotary expect you to learn its history and have working knowledge of its associate organizations. For those who are keen, RI has plethora of information available on its site.

Rotary believes that a well-informed Rotarian is an asset to the organization. It expects that you attend at least fifty percent of weekly meetings and project. Take part in various committee & work in the spirit of team building. From being a member of certain Rotary Club to becoming a Rotarian is a journey involving your dedication & interest in the activities & programs.

The "MANTRA" here is to get INVOLVED as a passionate member, spare time, money and sweat for the organization. Sitting on the fringe and watching the scene will dishearten & discourage you, wasting a great opportunity for self-growth. Rotary considers you as "high net worth" individual and would never want to lose you. It sees in you a future torch bearer who would carry on the good work done by it to the next millennium.





**રોટરી ક્લબ દ્વારા બોરખડી ગામે 80 બાળાઓની આંખની તપાસ**

રોટરી ક્લબ ઓફ વલસાડ દ્વારા એવોઈડેબલ બ્લાઈન્ડનેસનો પ્રોજેક્ટ તાપી જિલ્લાના વ્યારા તાલુકાના બોરખડી ગામે સ્થિત કર્તુરબા અધ્યાપન મંદિર ખાતે પ્રોજેક્ટ ચેરમેન જુન શાહના નેતૃત્વ હેઠળ તા. ૨૦મી ઓગસ્ટના રોજ કરવામાં આવી હતી. આ પ્રોજેક્ટ હેઠળ ૮૦ જેટલા બાળાઓની આંખની ચકાસણી કરવામાં આવી હતી. જેમાં ૧૦ બાળાઓને ચરમ આપવામાં આવશે અને ૦૪ બાળાઓને વધુ ચકાસણી માટે આર.એન.સી. ફી આઈ હોસ્પિટલ-વલસાડ ખાતે મોકલવા નક્કી કરાયું હતું. આ કેમ માટે આર.એન.સી. ફી આઈ હોસ્પિટલના ડૉ. ટિપલ પટેલ અને પ્રિયલ મિસ્ત્રીએ નિ:શુલ્ક સેવા આપી હતી. આ પ્રોજેક્ટમાં, રોટરી ક્લબ ઓફ વલસાડના પ્રમુખ સ્વાતિ શાહ, પ્રોજેક્ટ ચેરમેન જુન શાહ, કાર્ડિયલર એવોઈડેબલ બ્લાઈન્ડનેસ, ભરત ભાનુશાહી, કાર્ડિયલર સર્વિસ પ્રોજેક્ટ ચાંતુભાઈ વસાવા અને રોટરી ક્લબના સભ્યોના પરિવારમાંથી મિનાક્ષીબેન વસાવા અને અમી શાહ ઉપસ્થિત રહ્યા હતાં.



રોટરી ક્લબ ઓફ વલસાડ દ્વારા સાર્વજનિક હાઈસ્કૂલ, બગવાડા ખાતે ગુડ ટય અને બેડ ટય વિષય પર આયોજિત કરાયેલા એક ચર્ચા સત્રમાં રોટેરિયન ડૉ. અંકિતા કક્કર મરજાદી કે જેઓ એમ.ડી. હોમિયોપેથ અને મનોચિકિત્સક છે તેમના દ્વારા ધો. ૧ થી ૮ સુધીના ૪૫૦ બાળક-બાળકીઓને સમજાવ્યું કે, સારા અને ખરાબ સ્પર્શ વચ્ચે કેવી રીતે તફાવત કરવો. શરીરના ચાર ભાગો જ્યાં કોઈને સ્પર્શ કરવાની છૂટ નથી. બાળકોને સરકારી ચાઈલ્ડ હેલ્પલાઈન નંબર પણ આપવામાં આવ્યો હતો. માતા-પિતા સાથે બધી વાત કરવા અને તેઓ તેમની સમજાઈ પછ વ્યક્ત કરી શકાય તેમ પણ તેમણે સમજાવ્યું હતું. સલામત વર્તુળના કહેવાનું શીખવું અને અજણ્યાઓ સાથે કેવી રીતે વર્તવું

BIS 916 હોલમાર્ક દાગીનાનો આજનો સોનાનો ભાવ

**46500/-** ₹ પ્રતિ 10 ગ્રામ

**M.N. JEWELLERS**

ભાગા-અમરોલી-સાયલ મો. 7874681449

**બગવાડા હાઈસ્કૂલ ખાતે બાળકોને ગુડ ટય, બેડ ટય અંગે સમજ અપાઈ**

રોટરી ક્લબ ઓફ વલસાડ દ્વારા સાર્વજનિક હાઈસ્કૂલ, બગવાડા ખાતે ગુડ ટય અને બેડ ટય વિષય પર આયોજિત કરાયેલા એક ચર્ચા સત્રમાં રોટેરિયન ડૉ. અંકિતા કક્કર મરજાદી કે જેઓ એમ.ડી. હોમિયોપેથ અને મનોચિકિત્સક છે તેમના દ્વારા ધો. ૧ થી ૮ સુધીના ૪૫૦ બાળક-બાળકીઓને સમજાવ્યું કે, સારા અને ખરાબ સ્પર્શ વચ્ચે કેવી રીતે તફાવત કરવો. શરીરના ચાર ભાગો જ્યાં કોઈને સ્પર્શ કરવાની છૂટ નથી. બાળકોને સરકારી ચાઈલ્ડ હેલ્પલાઈન નંબર પણ આપવામાં આવ્યો હતો. માતા-પિતા સાથે બધી વાત કરવા અને તેઓ તેમની સમજાઈ પછ વ્યક્ત કરી શકાય તેમ પણ તેમણે સમજાવ્યું હતું. સલામત વર્તુળના કહેવાનું શીખવું અને અજણ્યાઓ સાથે કેવી રીતે વર્તવું



જેવા વિષયો પર પણ તેમણે ચર્ચા કરી હતી. તેમણે કહ્યું કે, આજના કિશોર-કિશોરીઓને ખરેખર તો એવા ટેલેન્ટની જરૂર છે. કે તેઓ પોતે તાત્કાલિક સમજાઈ શકે કે સામેવાળી વ્યક્તિ પોતાની સાથે કેવો વ્યવહાર કરે છે. આ વિષય બાળકોને જાતીય શોષણ વિશે સમજવામાં મદદ કરે છે. બાળકોને સારા સ્પર્શ વિરુદ્ધ ખરાબ સ્પર્શ વિશે શીખવવું મહત્વપૂર્ણ છે.

**રોટરી ક્લબ ઓફ વલસાડ દ્વારા સગર્ભા મહિલાને પૌષ્ટિક આહારની કીટ અપાઈ**

રોટરી ક્લબ ઓફ વલસાડ દ્વારા હુંફ યોજના હેઠળ વલસાડ તાલુકાના વેજલપોર ગામની ૩૨ મહિલાઓને પૌષ્ટિક આહારની કીટ પુરી પાડવામાં આવી હતી. તંદુરસ્ત અને સ્વસ્થ શિશુના પ્રાકૃતિક અવતરણને રોટરી સંસ્થાના ૭ કાર્યક્ષેત્રમાંથી એક મેટરનલ એન્ડ ચાઈલ્ડ હેલ્થમાં અગત્યનું સ્થાન આપીને, પ્રોજેક્ટ ચેર ડૉ. સૈલજા મુક્તીએ હુંફ યોજના તૈયાર કરી છે. આ યોજના હેઠળ ગામડાઓમાં કુખોષણથી પીડાતી સગર્ભા મહિલાઓને પૌષ્ટિક આહાર મળે તે માટે આયોજન કરાય છે. ગામ કલ્યાણ યોજના અંતર્ગત રોટરી ક્લબ દ્વારા



રોટરીના સભ્ય મનીષ ભંડુયા તરફથી દરેક સગર્ભા મહિલાઓ અને બાળકોને મલ્ટીવિટામીન અને કેલ્શિયમ સીરપ બંધવામાં આવ્યા હતાં. આ પ્રસંગે રોટરી ક્લબ ઓફ વલસાડના પ્રમુખ સ્વાતિ શાહ, સેક્રેટરી નિરાલી ગજજર, રાજેશ પટેલે પણ ઉપસ્થિત રહ્યા હતાં.

**રોટરી ક્લબ ઓફ વલસાડ દ્વારા વિદ્યાર્થીનીઓને ૫૫ સાઈકલનું વિતરણ**

રોટરી ક્લબ ઓફ વલસાડ દ્વારા વિદ્યાર્થીનીઓને નવી ૪૫ અને જુની ૧૦ સાઈકલોનું વિતરણ કરાયું હતું. આ પ્રસંગે જિલ્લા કલેક્ટર શ્રીમા આર.એ.એ. વિદ્યાર્થીનીઓને સાઈકલ ચલાવવા પોત્સાહિત કરી હતી. રોટરી ક્લબ ઓફ વલસાડના પ્રમુખ સ્વાતિ શાહે સ્વાગત વક્તવ્ય અને પ્રોજેક્ટ ચેરપર્સન સનોબાર કિરોજ શ્રીકે પ્રોજેક્ટની માહિતી સાથે રોટરી સંસ્થાના કાર્યક્ષેત્રો, કોમ્યુનિટી સર્વિસ અને પર્યાવરણની જાળવણીની સમજ આપી હતી. રોટરી ક્લબ ઓફ વલસાડ દ્વારા વલસાડ શહેરની મુખ્ય શાળામાં ૧૦, વલસાડપારકી પ્રા. શાળામાં ૧૦, ખીમચંદ મુળજી શાળામાં ૧૦ અને વેજલપુર શાળાની ૧૫ વિદ્યાર્થીનીઓને સાઈકલ વિતરણ કરવામાં આવી હતી.



વલસાડ : સ્વાતંત્ર્ય પર્વની ઉજવણી નિમિત્તે રોટરી ક્લબ ઓફ વલસાડ દ્વારા તિરંગી હાસ્ય અંતર્ગત સાઈકલ ક્લબ ડોનેશન દ્વારા ૫૫ સાઈકલનું વિતરણ કરાયું હતું.

**RI UPDATES**

**City of Evanston celebrates 68 years as home to Rotary International World Headquarters**

With ten commemorative signs posted throughout Evanston this week, the city proudly marks its 68th year as home to Rotary International World Headquarters, where a diverse global team of 700+ professionals support the work of Rotary's 46,000 clubs worldwide to strengthen communities & improve lives. "Rotary has been an economic anchor for decades, not only as one of our largest employers, but surprising to some, one of the largest property taxpayers in our city," said Paul Zalmezak, City of Evanston's Economic Development Manager. "Rotary's reach goes beyond corporate staff shopping and dining at local businesses. With its global membership, Rotary contributes over \$1 million to our local economy with more than 2,000 international visits annually. We are proud to house an organization that is transforming communities and positively impacting lives around the world."



(Source: www.rotary.org)



**Stephanie A. Urchick**

**Stephanie A. Urchick**, of the Rotary Club of McMurray, Pennsylvania, USA, is the selection of the Nominating Committee for President of Rotary International for 2024-25, a decision that would make her only the second woman to hold that position. She will be declared the president-nominee on 15th September if no challenging candidates have been suggested. Urchick is partner and chief operating officer of Doctors at Work LLC, a consulting & training company. She holds a doctorate in leadership studies from Indiana University of Pennsylvania. She is active on numerous community boards and committees, and has been honoured by organizations including Zonta International and the Sons of the American Revolution. A Rotary member since 1991, Urchick has travelled to Vietnam to help build a primary school and to the Dominican Republic to install water filters. She studies several Slavic languages, has mentored new Rotarians in Ukraine, and coordinated a Rotary Foundation grant project in Poland.

Urchick has served Rotary in many roles, including as a director, Foundation trustee, and chair of the RI Strategic Planning Committee and the Foundation's Centennial Celebration Committee. She currently serves on the Election Review Committee and the Operations Review Committee. She is a Rotary Foundation Major Donor and a member of the Bequest Society.

## CELEBRATIONS OF AUGUST



Birthdays of Rtn. Amar Parekh &  
Rtn. Tarang Shah - 02/08/2022



Birthday of Rtn. Dr. Mitesh Modi  
06/08/2022



Birthday of Rtn. Mahesh Bhanushali  
13/08/2022



Celebrations create  
memories...

Let's create some  
more!!



Birthday of Rtn. Raju Shah  
14/08/2022

## SECRETARIAL ANNOUNCEMENTS

Dear Rotarian Friends,  
We would like to thank all the Rotarians, whose birthdays & anniversaries have been in the month of August for their generous contribution to the club. The contributions are as follows-

1. Rtn. Tarang Shah - Rs. 1100/-
2. Rtn. Amar Parekh - Rs. 1100/-
3. Rtn. Mahesh Bhanushali - Rs. 2100/-
4. Rtn. Raju Shah - Rs. 1000/-
5. Rtn. Rajendra Mehta - Rs. 2500/-

So the total contribution received is Rs. 7800/-

Thanks once again!  
Rtn. Nirali Gajjar,  
Club Secretary.

We also acknowledge the donations from other clubs received for the Flood Relief Works. The donations are as follows -

1. RC Vapi - Rs 45,000/-
2. RC Surat Tapi - 200 sarees
3. RC Sachin - 100 sarees



## FROM THE EDITORS...

We should remember that good things happen only when opportunity meets with preparation. Even the best in class performer's practice their acts day and night to master their performance, so we too in Rotary should grab all the opportunities with master perfection, trying to help some one somewhere. We never think before doing good for someone and yes making a difference in someone's life is of utmost importance. Appreciation for the work being undertaken by RC Valsad are pouring in from all the directions, be it from Valsad Municipal Corporation, at the Rotary District level, Club level the efforts being made, speak for themselves but as the saying goes "Miles to go before I sleep and Miles to go before I sleep....."

Thanks!  
Team Milestone -  
Rtn. Akshay Vakil, Rtn. Bhavin Shah, Rtn. Chirag Desai, Rtn. Nirali Gajjar & Rtn. Sunil Jain.

*I am playing garba for a noble cause...are you ?*



# Rotary Club Of Valsad

With The Support Of

**The Rising Charitable Trust**

Presents

## PRE नवरात्री **રોટરીની રમઝડ**

WITH VALSAD'S MOST FAVORITE

*Pappu Music*

**LIMITED TICKETS AVAILABLE**

*Get them before  
they are gone!*

**₹300/- for 2 days**

Fundraising for



SAVE THE DATES

**24<sup>th</sup> & 25<sup>th</sup>**

SEPTEMBER 2022

AT. RTN DR, MONGHABHAI HALL,  
STADIUM ROAD, VALSAD.



**Ticket Collection Centre :**

- 1) PEOPLES PHARMACY, Shop No.3, Millenium, Opp. Pragji Tower, Near Avabai School, Valsad.
- 2) COFFEE CULTURE, Opp. Cash And Carry, Abrama- Dharampur Road, Valsad.
- 3) ROTARY HALL, 1st Floor, Opp. Rtn. Mongabhai Hall, Stadium Road, Valsad.

Rtn. Swati Shah  
+91 98200 45500

Rtn. Jinal Mehta  
+91 70166 54043

Rtn. Manoj Jain  
+91 98204 51653

Rtn. Nirali Gajjar  
+91 99741 19778



**SHREE LAXMI FURNITURE**  
*furnishing your dreams*



Slotted Angel Rack



Wall Mounted Rack



Display Rack / Super Market Rack



Heavy Duty Racking System



Bins Rack



Compactor/Mobile Storage Systems

2, Hira Moti Appt. Nr. Bharat Dairy, Tithal Road, Valsad  
📞 9925015595 🌐 [laxmi.furniture@yahoo.com](mailto:laxmi.furniture@yahoo.com)